

## New Zealand Organization Spreads Touch to Children

TLH (Touch, Love, Health) Inc. a New Zealand based organization created to promote the value of touch, is reaching out to the younger generation.

In its second year, TLH supervisors run a "Children Massaging Children" workshop through the YMCA in Auckland, New Zealand. The organization was created to give children a sense of closeness and belonging by teaching them to behave with a caring touch, which in turn they believe improves the children's well-being.

I have observed that a certain percentage of children have absolutely no idea of what it means to delicately, and with care, massage their workshop partner, says Eva Scherer, creator of TLH.



Children at the workshop learn simple massage techniques from TLH supervisors, set to specially composed music (see photo).

Eva created the organization after a June 2000 workshop she attended at the Touch Research Institute in Miami. Her aim is to have touch and massage made more popular in society.

"In our times, when eating disorders, drug abuse and youth suicide are problems on the global scale, there is huge need for the TLH program" says Eva.

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